

Workshop Day, 12th August 2026 ISF in Glasgow Week

Tutor	Workshop title	Description
8am-8:30am Registration for those who are attending only for Wednesday		
Morning sessions: 9AM – 12:30PM – (Break at 10:30AM)		
1) Lou Ann Beecher	Intuitive Readings Using Postcards	Tap into images, feelings, and symbols using unique postcards, to get guidance, messages, or insights for self-discovery, manifestation, or connecting with spirit. This practice uses the chosen postcard's art, colors, or general vibe to speak directly to your inner voice in connecting with guidance or messages. Move yourself beyond fixed meanings to create a personal dialogue in an intuitive reading.
2) Harriet Piekkola	Healing Writing	The power of writing as support for inner well-being. Each of us carries small secrets, wounds, or things we have not dared to tell anyone. The reason may be shame or fear, but our body is wise—it may signal to us when it is time to let go of a burden from the past. Stress and the Body’s Signals: These inner matters can manifest as stress or be felt in the body as various physical sensations. The body sends us signs when it would be good for us to face and process the things we carry inside. Processing Your Own Emotions Through Writing: Only we ourselves can truly do something about it. Writing offers an opportunity to face difficult emotions: we can write a letter to the issue or person involved. Sometimes we don’t even know what feeling or pain we have, but writing helps us recognize these underlying matters. Combining Meditation and Writing: With meditation, we can start exploring which person or issue is involved. Once we find the topic, we process it by writing and talking as much as we can. In this way, we can gradually free ourselves from inner wounds and promote our own well-being.

3) Eleanor Walker	Colouring Your Life	Introducing Colour into daily life. Exploring Colour Personalities. Colourful and beneficial foods. The influence of Colour and Decor. Includes 2 short exercises.
4) Coral Ryder	Auragraphs in a Nutshell	Mediumship through the creative mind. Let us explore combining our innate psychic, mediumistic and artistic talents together in creating spirit art. From the Soul to Soul Art of Auragraphs to Evidential Spirit Portraiture. In these workshops we will look at the fundamentals required in creating Auragraphs and Spirit Portraits, from how we perceive the information, proportions of the face and drawing techniques, to blending and interpreting colours and symbology.
5) Lorna Hines	The ISMS (racism, sexism, xenophobia, lack of cultural competence) that close the door to our pursuit of excellence in Spiritual Practice and Personal Transformation	An essential aspect of the fulfillment of our goal to pursue and attain excellence in our spiritual practice is personal transformation-the opportunity to be a clear and open vessel for Spirit. But alas, so many things may prevent that important and necessary path to serve with the greatest and highest good. The opportunity to seek, initiate and design our personal developmental process-to turn inward, examining the extent to which our thoughts, feelings, and desires impact our sacred practice is crucial to our ability to do justice to those in Spirit and on earth. During this presentation, the workshop leader will lead various exercises and share information to empower participants to uncover and acknowledge how their unconscious and subconscious have been impacted by their community and society to separate themselves from those who are deemed different. It is anticipated that as participants explore how ISMS impact their thought processes, feelings, their spiritual practice, spirituality, interactions with clients and colleagues, greater and more intensive opportunities to a more fulfilling and excellent practice will occur.
Lunch: 12:45PM – 1:45PM		

Afternoon sessions 2PM-5:30PM (Break at 3:30PM)		
1) Lou Ann Beecher	Eye Exercises to Help You See Auras	This class offers you a variety of eye exercises, that when practiced regularly, will help you to see auras. As you strengthen the muscles in the eye (especially the iris), the rods and cones in your eye are stimulated, the more subtle light emanations you can detect. These eye exercises strengthen the muscles of the eyes and help you control your vision more than you may have imagined. This helps you to see the aura around people and objects.
2) Eleanor Walker	Intuitive Colour Work	Healing with Colour, Working with Colour and Numbers, Creating a Colour Life Cycle Review
3) Coral Ryder	Spirit Portraits in a Nutshell	Mediumship through the creative mind. Let us explore combining our innate psychic, mediumistic and artistic talents together in creating spirit art. From the Soul to Soul Art of Auragraphs to Evidential Spirit Portraiture. In these workshops we will look at the fundamentals required in creating Auragraphs and Spirit Portraits. From how we perceive the information, proportions of the face and drawing techniques, to blending and interpreting colours and symbology. (Morning workshop is not a requirement for attendance)
4) Gerald O'Hara	A Golden Age: Spiritualism	<ul style="list-style-type: none"> • "British and American Spiritualism compared", One Movement, Two Worlds • "Glasgow 1937" The pre-war finale, (the ISF, mediums Glasgow or London) • Spiritualism after 1945 -1960, the American Experience • Followed by Q & A
5) TBD	<i>Open Circles: Practice and Exploration</i>	<i>First half: evidential mediumship Second half: trance mediumship</i>
Evening sessions		
1) Coral Ryder	Demonstration of Spirit Art	

2) Ewan Irvine	Demonstration of Mediumship	
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Overall Schedule for Wed., 12th August
7:30AM- 8:00AM Choice of Meditation or Yoga
8am-8:30am Registration for those who are attending only for Wednesday
9:00AM- 10:30AM Session 1 Workshops
10:30-11AM Tea/Coffee Break
11:00AM – 12:30PM Session 1 workshops continue
12:45 – 1:45 pm Lunch provided
2:00 – 3:30 PM Session 2: Session 2 Workshops
3:30 PM – 4PM Coffee Break
4:00pm – 5:30 PM Session 2 workshops continue
5:30PM – 6:00PM Healing
6:00PM – 7:00PM Dinner
7:30 PM – 9:00PM 2 demonstrations options: Mediumship Spirit Art

BIOS:

Lou Ann Beecher (US) started her spiritual journey in the 1990s and feels blessed to have studied with many reputable spiritual teachers over the past 25 years. She is a Certified Spiritual Medium & Advisor, Spiritual Teacher and Healer. Lou Ann is the owner of Serenity Guides LLC, based in Maryland, where she teaches intuitive classes, evidential mediumship, Reiki, Trance Mediumship and Trance Healing courses. She is also a founder of SoulSideOut, an online platform that supports mediums in their development. Lou Ann is a tutor for the annual International Mediums Week.

Lorna J. Hines (US) Lorna J. Hines is a multi-talented and gifted Medium, Trance Healer, Intuitive, Numerologist, Coach. Psychotherapist, Inspirational Speaker, Teacher and Author. She was ordained as a Spiritualist Minister at The Journey Within Spiritualist church. Lorna is a Licensed Certified Social Worker and holds the Academy of Certified Social Workers and was awarded the CSNUi in speaking and demonstrating by the Spiritualist National Union. Lorna recently published a book titled, *Straight Talk From A Wise Woman, Trauma, Tears and a Healing Path*. She has demonstrated nationally and internationally, featured on *We Don't Die Radio*, and was certified by Find A Certified Medium.com. Lorna has developed educational programs in a variety of spiritual practices. In 2017, she started a Facebook Group called *Mediums of African Ancestry* focused on the creation of a diverse spiritually focused learning community. Her blogs, poetry and short stories contain healing elements; she produced a CD entitled *Sacred Journeys*.

Ewan Irvine (UK) is a distinguished international Psychic Medium, Tutor, and Author with a career that spans over three decades. Renowned as "The Scottish Medium," he has garnered a reputation for his profound insights and extensive work in the Paranormal field. Born and raised in Edinburgh, Ewan's childhood was marked by an extraordinary awareness of the spirit world and an uncanny ability to foresee events. His fascination with the paranormal began at a young age, setting him apart from his peers. It was not until he received a life-altering reading at the age of 18 that Ewan fully embraced his unique gifts. Over the years, Ewan honed his skills in mediumship and began to share his abilities with the world, conducting demonstrations in numerous Spiritualist churches and centers across the country.

Gerald O'Hara (UK), CSNU, is a British Spiritualist medium, researcher, and author associated with The Spiritualists' National Union. Based in York, England, he has authored books on Spiritualism, and holds a Sociology degree from the London School of Economics. Gerald has researched and written many books on the history of American and British Spiritualism. He is a practising medium who works alongside other mediums.

Coral Ryder (UK) is a renowned Medium, Spirit Portrait and Psychic Artist. Following in the footsteps of pioneering spirit artists Coral Polge, and Harold Sharp, she combines her innate talents as a Medium and artist in creating Spirit Portraits and Auragraphs. Coral serves Churches and Centres internationally as a tutor, speaker and demonstrator on varying aspects of mediumship and psychism.

Her particular passion and field of expertise is in Spirit Portraiture and Auragraphs. She has over twenty years experience in this field and delights in helping others to realise their own potential and discover the spirit artist within.

Eleanor Walker (UK) has dedicated her life to mediumship, a gift first revealed in childhood through intuitive “knowings”. Guided by respected teachers, including Agnes Pearson and renowned Scottish medium Gordon Smith, she developed her abilities into a source of comfort and healing for many. With a diploma in Colour Therapy, she blends colour work with her mediumship, particularly in healing animals. Her journey has taken her across the UK, Ireland, Germany and the USA, sharing messages from Spirit through demonstrations and private sittings. Filled with uplifting, comforting and often humorous accounts, her story celebrates the guidance of Spirit — including her trusted helper, Doctor Karl — and her commitment to bringing hope and connection to those she serves.