

ISF in Baltimore 2025 – Class Descriptions and Tutors

Advanced Mediumship

(for those with 5+ years mediumship study; able to already consistently link with a spirit communicator)

Tutor: Sharon Siubis (US)

- Begin to develop your next level of Mediumship through the who/what/why steps of identification of communicator, the evidence of the communicator, and the advice/message of the communicator.
- Understanding the dialogue of mediumship.
- Start to go beyond surface information to expand and deepen the points of evidence.
- Learn to work with multiple communicators in a non-sequential format.
- Expand your abilities by working with another medium or mediums with the same link/communicator.
- Practice private and group style sittings/readings with feedback and critique.
- Better understand how your own filters/prejudices/misinformation can cloud communication.
- Work on problem solving and working with difficult situations in your mediumship.

Advanced Trance (3+ years' experience sitting for trance)

Tutor: Anita Garrod (UK)

Through the week, students who already have an understanding of trance and the ways in which we work with Spirit in altered states will have an opportunity to deepen connections and receive feedback on their work. It is anticipated that the Spirit world will take an active role in giving support; a variety of exercises will help students reflect on and continue their development.

Aspects of Healing (all levels)

Tutors: Robin and Sue Hodson (UK)

This class will be an illustrated and practical group covering the different genres of healing. It will include Energy Healing, Spiritual Healing and Trance Healing. During the class we will not only look at the theory, practice and regulations, the participants will be actively working with practical healing exercises.

Demonstrating Mediumship for the Public (intermediate to advanced, 3+ years of experience and able to consistently connect with spirit communicators)

Tutor: Sharon Siubis (US)

In this class, students will work on developing and strengthening tools and skills for Platform Mediumship for public demonstration with the goal of bringing it all together for a successful Demonstration.

- Learn and understand the target points to hit for a successful Demonstration
- The Do's and Don'ts of Platform technique.
- In person vs online Public Demonstrations
- Dealing with difficult topics in a public arena
- Learning to take control of your Dem
- Working with more than one communicator in a Dem
- Stretching out of your comfort zone with clearer and deeper evidence
- Working with Sitter verification of that evidence
- How to start and end your demonstration in a timely manner

An Educator of the Spirit (advanced, 5+ years of mediumship study and be prepared to demonstrate)

Tutor: Darren Brittain (UK)

Are you looking to explore your ability to teach mediumship either on a one-to-one basis, or to a group or circle? Are you already teaching or leading a development circle? Are you looking to increase your own mediumistic awareness to better help your students? Then this class is for you! International medium and tutor Darren Brittain is here to help you

enhance your existing skills in mediumship to also help your students go beyond their own expectations. Together we will look at different learning and teaching styles we can employ, including 'role play' exercises, as well as identifying the differences between tutorials, lectures, and demonstrations. We will look at the dynamics in our role as medium and tutor and how that will impact on the students as well as looking at the 'energetics' of those relationships and how they can enhance the confidence of the student. This class is aimed for those already teaching as well as those wanting to explore their own potential in this field and is designed to assist you in being the best you can be as an educator of the Spirit.

Trance (beginner/intermediate students, little experience to 3 years)

Tutor: Rosemary Calderalo (US)

The history of mediumship shows us that trance work can help us develop closer connections with Spirit because the process builds awareness and trust. Mediumship is developed through conscious agreement to work in partnership and in a cooperative process between the medium, the spirit world and one's spirit team. In this class, participants will focus on developing deeper awareness of altered states and will explore the different stages of trance. The process by which we can learn to let go of obstacles in our minds and allow Spirit people to speak or to offer healing, will be explored.

Healing through Colour (all levels)

Tutor: Ulla Alvarsdotter (SE)

Welcome to this class where healing comes from the colours! During this week we will use the colors as a tool for personal and spiritual development. We will work with our intuition, intention, feel the frequencies of different colours and of course open up to our spiritual artist guides to work with us. Cell Memory Painting is also a part of the week where we will go into the world of quantum physics. We work freely and without demands, so no artistic ability is expected or required.

The Importance of Personal Development in Mediumship (all levels)

Tutor: Darren Brittain (UK)

Mediumship isn't given to us, we can't learn it, it is 'revealed' to us through the process of understanding the Self. Who are YOU as the 'vessel'? How does what you think, believe, and expect impact your awareness of the Spirit World and define the outcome of your experience? Why does your confidence suffer so much?

This class is aimed at all mediums seeking to expand their awareness, understand themselves, and deepen their experience of the Spirit World. This class will focus specifically on the following:

- Examining the role of the Identity – the elements of the "I"
- Examining the role of the Soul – It's Power, Purpose, and Presence
- Exploring the influence of the mind
- Looking at how you 'show up' in your mediumship and understanding why you sabotage it
- Elevating the evidence and conveying impactful, meaningful, and therapeutic communications
- Creating an openness to a diverse range of communicators
- The differences between evidential, experiential, and 'empty' mediumship.

The class will encourage personal reflection and insights through discussion, practice, and Q&A as well as working with your mediumship, in pairs, small groups, and demonstrating to the group.

Mediumship Development – Beginner to Intermediate (little experience to 2 years of mediumship study)

Tutor: Anita Garrod (UK)

Deepen your steps into communication with Spirit. Are you looking for ways in which you can deepen your experience in working with Spirit? Anita will offer some tools and insights into how you can strengthen your connection. She will also offer ways in which you can refine the language between yourself as the Medium and the Spirit Communicators.

Mediumship Development – Intermediate (2-5 years of mediumship study)

Tutor: Hazel Martin (UK)

With regard to what the students might expect:

- A variety of practical exercises to create and maintain a strong spirit link

- A focus on what constitutes 'good evidence' and practical exercises to ensure that we get it within our links
- Understanding what evidential mediumship is and reviewing your own practice
- Learn how to get a variety of different types of evidence and understanding why it's important to work on 'hard evidence'
- Techniques for receiving names
- Learn how to 'tell the story' of your spirit link
- Understand the three-way process of spirit communication and how we create our own language with our spirit team and communicators
- Lots of practice in a safe, supportive and above all, fun environment!

Shamanic Journeying (all levels)

Tutor: Ann-Marie Alvarsdotter (SE)

Welcome to learning about the Shamanic way of seeing the world. You will be able to meet your power animal and learn to do some healing work for yourself and others. As part of the class, prepare yourself to be outside and meet up with nature in different Shamanic ways.

The Soul Reader (all levels)

Tutor: Hazel Martin (UK)

This class will help participants to understand the Journey of the Soul, the Soul Purpose and how to give Soul Readings. The week will cover:

- Current thoughts and theories on how Souls come into existence and what the journey to ascension looks like
- Soul contracts and life incarnations
- Learning how to develop a practice of connecting with your own soul and to learn from your soul's knowledge
- Learn how to conduct a Soul Reading for someone else, theory and practice.

Trance to Physical Mediumship (must have prior experience with and understanding of trance)

Richard Schoeller (US) and Robin Hodson: Morning class

Lou Ann Beecher (US): Afternoon class

During this week we will explore working with trance in relationship to physical mediumship and exploring how Spirit demonstrates the intelligence of the Spiritual realm. As a student in this class, anticipate working together to help facilitate the process of growth and connection with Spirit. While we hope for phenomena to occur it cannot be guaranteed. Come to this class with an openness to discovering what Spirit has in store.