

**ISF 2025 – Wednesday Schedule – 16th July
Workshop Descriptions**

PLEASE NOTE:

THE WEDNESDAY WORKSHOP DAY IS NOT YET FINALIZED. THE WORKSHOPS AND DEMONSTRATIONS BELOW WILL BE OFFERED AND OTHERS ADDED SOON. CHECK BACK SOON!

Registered participants will choose their workshops on the day of the event.

SESSION 1: 9:30am-11:00am

Healing Circle

Harriet Piekola (FI)

The purpose of this Workshop is to enable people to safely go through their feelings of sadness/joy and feel part of a larger whole, a greater connection. The idea is that we then forget about all the problems in our lives and focus on LISTENING, really listening to what the storyteller (i.e. the one who has the floor at any given time) has to say. In this workshop, participants will be encouraged to tell a story that has been bothering them for a long time or about something that has delighted them greatly, it can also be a story about a difficult problem and how it was finally solved. The narrator of the story chooses a theme e.g. courage, love, compassion. You will be guided through a process to feel safe and feel gratitude in life's journeys.

Demonstrating Mediumship

Darren Brittain (UK)

Demonstrating mediumship to the public is a wonderful opportunity to help people experience the reality of the Spirit World and is often the 'gateway' for many to open themselves up to their own sensitivity, and to their own Soul.

In this stand-alone masterclass Darren will endeavour to help the student explore their own style in demonstrating whilst also examining and working with the following:

- Preparing to demonstrate
- What we 'know' about the 'No'
- Examining the intent, and energetics of the medium, the recipient, and the communicator
- Going directly with the communication, or throwing out information - examining the benefits and limitations of each
- Elevating the evidence to identify the recipient
- The importance of ethics in public mediumship
- Working online without compromising the quality of your work

This class is available to those already working with their mediumship and are looking to explore working in this arena.

Workshop TDA
Nancy Ryall (US)

Workshop TDA
Lou Ann Beecher (US)

Working in the Astral (Three-part workshop – you must be present for Part One to attend Part two, and Parts One and Two to attend Part Three.)

9:30am-11:00am; 11:30am-12:45pm, and 2:30pm-4:00pm

Robin Hodson (UK)

The Astral level is a non-physical level or realm of being, separate from the physical one but accessible from it by means of one's astral body. This fascinating plane of existence has been explored by many religions and seers throughout the world. Thought to be the junction between the physical and Spiritual worlds. In this class, we will investigate the astral level, using theoretical and practical processes. The practical work will support your mediumship, give you techniques to make a stronger connection with spirit, investigate the Astral (Akashic) records, astral projection, and allow you the opportunity to experience this fascinating state of being. No experience is required but an open mind and a willingness to work is essential.

SESSION 2: 11:30am-12:45pm

Working in the Astral continues.

Connecting, and staying connected with the Spirit World
Darren Brittain (UK)

Without connection to the Spirit World, you are not a medium. Without clear, sustained connection to the Spirit World your mediumship will suffer. In this workshop we will examine and explore the individual signs of our connections, explore how our thinking impacts it, and receive guidance on how to achieve a sustained connection assuring your mediumship is the strongest it can be.

Shamanic Journeying
Steven J. Vogel (US)

Were you drawn to register for the week-long Shamanic Journeying Group, only to select another group instead? If so, and you still would like the opportunity to learn about and experience your own shamanic journey while in Baltimore this week, then this workshop is for you! After an introduction to "core shamanism" and the shamanic journeying process, Steve Vogel will facilitate your shamanic journey to meet a new personal spirit ally in the form of a power animal.

Inspirational Speaking

Rosemary Calderalo (US)

Have you wondered how speakers do what they do without referring to a single note? ... then this workshop is for you! What happens when we invite Spirit to help us bring through philosophy and inspiration to share with others? How do we start and develop that process? In this class you will have the chance to use what you know about intuition and mediumship and practice taking it this additional step, understanding that speaking is also a mediumistic development experience. This workshop offers a fun and interactive way to practice working in a different kind of partnership with Spirit.

Workshop TBA

Ulla Alvarsdotter and Ann-Marie Alvarsdotter (SE)

1:00pm-2:00pm LUNCH

SESSION 3: 2:30pm – 4:00pm

Working in the Astral continues

Messages Through Drawing

Harriet Piekola (FI)

In this workshop, we strengthen our own connection and trust in the guides of the Spirit World and helpers, With drawing, use of .symbols and various exercises, the process allows us to receive and give messages of loving energy.

You don't need to have experience in communication or drawing, this is also a confidence-building experience in working with the Spirit World, it's enough if you're trustful, open-minded and the pen stays in your hand.

Intuition - Friend or Foe?

Darren Brittain (UK)

We are ALL naturally intuitive, it is an inherent part of our humanity. It helps to navigate us around the world safely and gives us a greater understanding of another's experience should we choose to listen. During this workshop we will explore the nature of our intuition, where does it originate, how it speaks to us, how we can hear it, and how we can harness that to help us, and humanity.

Additional Workshop TBA

4:30-5:30

Open Circle

The foundation of Spiritualism was the home circle. In the early days men and

women would sit together to develop their mediumship and deepen their connection to the Spiritual realm. During this time, the chairperson will take you through a meditation and then open the circle, allowing the attendees the opportunity to share mediumistic messages with fellow circle members under the direction of the Chair.

5:00pm – 5:30pm Hands on Healing available

6:00pm – 7:00pm DINNER

SESSION 4: 7:30pm-9:00pm

- **Trance Mediumship Demonstration**
Carmen Cline and Victoria Cline
- **Demonstration of Mediumship: Messages from loved ones**
TBD
- **Spirit Art**

Owing to circumstances beyond our control, the programme may have to be revised at short notice.