



AT AFC, STANSTED, UK: 3rd – 10th JUNE 2023 Schedule Overview

TIME	Sat, 3 rd June	Sun., 4 th June	Mon., 5 th June	Tues., 6 th June	Wed., 7 th June – note different schedule this day	Thurs., 8 th June	Fri., 9 th June	Sat., 10 th June
7:30 am		Choice of Walking Meditation, Guided Meditation or Yoga	Choice of Walking Meditation, Guided Meditation or Yoga	Choice of Walking Meditation, Guided Meditation or Yoga	Choice of Walking Meditation, Guided Meditation or Yoga	Choice of Walking Meditation, Guided Meditation or Yoga	Choice of Walking Meditation, Guided Meditation or Yoga	
8-9 am		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9:15 am - 10:15 am		Lecture/Workshop <i>All attendees</i>	Lecture/Workshop <i>All attendees</i>	Lecture/Workshop <i>All attendees</i>	Workshops 9:30 – 11:00 am	Lecture/Workshop <i>All attendees</i>	Lecture/Workshop <i>All attendees</i>	Check-out by 9:30am
10:15 am - 10:30am		Tea/Coffee Break	Tea/Coffee Break	Tea/Coffee Break	Tea/Coffee Break 11:00 am – 11:30 am	Tea/Coffee Break	Tea/Coffee Break	Goodbyes til next time!
10:30 am – 1:00 pm		Morning Classes	Morning Classes	Morning Classes	Workshops 11:30 am – 1:00 pm	Morning Classes	Morning Classes	
1-2 pm		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	
2:00 pm – 4:30 pm		Afternoon Classes	Afternoon Classes	Afternoon Classes	Workshops 2:30 pm – 4:00 pm	Afternoon Classes	Afternoon Classes	
3:00 pm	Check-in/Register							
4:30 pm – 5:00 pm	Tea/Coffee Break	Tea/Coffee Break	Tea/Coffee Break	Tea/Coffee Break	Tea/Coffee Break	Tea/Coffee Break	Tea/Coffee Break	
5:00 pm – 5:45 pm		Healing	Healing	Healing	Healing	Healing	Healing	
6-7pm		Dinner	Dinner	Dinner	Dinner	Gala Dinner: ISF Anniversary Dinner and special guest presentations	Dinner	
7:30 -9pm	Opening Ceremony & Intros of Tutors, followed by Welcome Reception	Spiritualist Service	Choice of Trance or Mediumship Messages Demonstration	Choice of Trance or Mediumship Messages Demonstration	Choice of Trance or Mediumship Messages Demonstration		7:15 pm, Healing Service, followed by Closing Ceremony, then Celebration/ Dance wi DJ/cash bar	

Morning, afternoon class choices and workshop choices to include: Mediumship, Trance and Trance to Physical Mediumship, Shamanic Journeying, Healing Through Colors, Inspirational Writing, Healing, Platform Presentation & Inspirational Speaking, Spirit Portraiture. At registration, pick your areas of interest and fill out the questionnaires to be placed.

Tutors for classes and workshops include to date: Ann-Marie Alvarsdotter, Ulla Allvarsdotter, Lou Ann Beecher, Rosemary Calderalo, Chris Connelly, Kristbjorg Einarsdottir, Anita Garrod, Ann Harrison, Robin Hodson, Sue Hodson, Hazel Martin, Harriet Piekkola, Simone Ruegsegger, Coral Ryder, Richard Schoeller, Hampi van de Velde.

Thank you! Any questions email to gensec.isfederat@gmail.com (Owing to circumstances beyond our control, the programme may be revised at short notice.)