

## ISF 2023 – 100<sup>th</sup> Anniversary

### Class Descriptions for the Week-Long Classes

#### **Hazel Martin (UK) – Mediumship Development – Beginner to Intermediate**

With regard to the week tuition, this is what the students might expect:

- a variety of practical exercises to create and maintain a strong spirit link
- a focus on what constitutes ‘good evidence’ and practical exercises to ensure that we get it within our links
- learn how to get a variety of different types of evidence
- learn how to ‘tell the story’ of your spirit link
- understand the three-way process of spirit communication
- understand why the development of your own spirit is an integral part of your mediumship development
- lots of practice in a safe, supportive and above all, fun environment!

#### **Sharon Siubis (USA) - Mediumship Development – Intermediate to Advanced**

This class is intended for those Mediums who have had experience in linking and holding their contacts for evidential information. In our time together, we will look at:

\*Working effectively with multiple communicators to create the Story of Evidential Mediumship

\*How to create clear boundaries with clients, mediums, and communicators.

\*Demonstration techniques

\*Sitting/Reading Situations, Ethics and problem solving

#### **Lou Ann Beecher (USA) and Rosemary Calderalo (USA) --Trance – Beginner to Intermediate Exploring Trance: for beginner and intermediate students**

A history of mediumship shows us that trance work can help us develop closer connections with Spirit because the process builds awareness and trust. Mediumship is developed through conscious agreement to work in partnership and in a cooperative process between the medium, the spirit world and one’s spirit team. In this class, participants will focus on developing deeper awareness of altered states and will explore the different terms and stages of trance.

Through the week, presentations and developmental exercises will offer ways to deepen understanding of energy, spirit connections, and trance states. The process by which we can learn to let go of obstacle in our minds and allow Spirit people to speak for themselves or to offer healing, will be explored. Whether you are just starting your spiritual exploration or are seeking additional training, this class offers an opportunity for growth and learning.

#### **Anita Garrod (UK) – Trance – Intermediate to Advanced**

Through the week, students who already have an understanding of trance and the ways in which we work with Spirit in altered states will have an opportunity to deepen connections and

receive feedback on their work. It is anticipated that the Spirit world will take an active role in giving support; a variety of exercises will help students reflect on and continue their development.

**Robin Hodson(UK) - Trance to Physical – 16 participants**

This illustrated and practical class will demystify the journey from trance through to physical phenomena. We will look at the history, the phenomena and the theory behind trance and physical mediumship. This is a class for those already on their mediumship journey. There will be practical exercises to encourage and support you in your onward journey. As physical mediumship is usually a long learning process, no phenomena can be guaranteed. Please be prepared to work together in the group and individual exercises to illustrate and experience this fascinating process.

**Richard Schoeller (USA) – Trance to Physical – 16 participants**

During this week we will explore working with trance in relationship to physical mediumship. As a student in this class anticipate working together to help facilitate the process of growth and connection with Spirit. While we hope for phenomena to occur it cannot be guaranteed. Come to this class with an openness to discovering what Spirit has in store.

**Ulla Alvarsdotter (SE) Healing through Color**

Welcome to this class where healing comes from the colors! During this week we will use the magical colors as a tool for personal and spiritual development. We will work with our intuition, intention, feel the frequencies of different colors and of course open up to our spiritual artist guides to work with us. Cell Memory Painting is also a part of the week where we will go into the world of quantum physics. We work freely and without demands, so no artistic ability required.

**Robin and Sue Hodson (UK) – Aspects of Healing**

This class will be an illustrated and practical group covering the different genres of healing. It will include Energy Healing, Spiritual Healing and Trance Healing. During the class we will not only look at the theory, practice and regulations, the participants will be actively working with practical healing exercises.

**Hampi van de Velde (CH) - Inspired Writing & Trance Writing - Subtitle: Write Your Book**

Do you have the desire to write a book? Or do you have the feeling that the spiritual world wants to convey something lasting through you that touches people? Or do you enjoy playing with words and sentences? Then you are not alone and this is the right course for you. Inspired and automatic writing (trance writing) have always been methods of transforming wisdom, knowledge and messages from the spiritual world into the material world in words and writing.

Like trance speaking, writing has a long tradition in the history of mediumship, prophecy and the transmission of knowledge. Countless works have been written in this way. Starting with the prophet Mohamed, to whom the archangel Gabriel is said to have dictated the Koran, or

the works of the church saint Hildegard von Bingen, from whom the “Hildegard medicine” emerged.

Inspired and automatic writing is something you can learn. If you already have experience as a medium, then it is even very easy. Why not write a text, a poem or a book in collaboration with friends from the spiritual world?

Discover the fascination of words. Learn in this course, step by step, how it works and how, with a little courage and dedication, you can make it work for you.

### **Ann-Marie Alvarsdotter (SE) - Shamanic Journeying**

Welcome to learning about the Shamanic way of seeing the world. You will be able to meet your power animal and learn to do some healing work for yourself and others. As part of the class, prepare yourself to be outside and meet up with nature in different Shamanic ways.

## **Wednesday Workshop Descriptions**

*You will sign up for these on site*

### **Hampi van de Velde (CH)**

#### **Workshop: Intuitive Trance Healing**

#### **Subtitle: A bridge for the spiritual world**

Trance healing, which has become known as an English healing method, offers a lot more than “just” physical healing. Although physical healing is always the focus. The techniques can be easily adapted and used beneficially in almost all areas of work and life and, when used correctly, offer the perfect platform for the expression of ones very own creativity and creative power. I call it Intuitive Trance Healing.

Intuitive Trance Healing can be the bridge between our outer, planned world and the creative, intuitive and conspiratorial spiritual world. It brings practitioners closer to themselves and their own creative power. It helps strengthen interpersonal relationships and opens the door to tolerance and respect for all life. Although we place ourselves in the service of God and heal others, we heal ourselves first and foremost.

In this workshop we will dive into Intuitive Trance Healing, how it feels and what it can do in clients and especially in ourselves. Yes, it works better for me thank you.

### **Coral Ryder (UK)**

#### **Workshop: Spirit Portraiture: The evidential Spirit Artist - Part One and Part Two.**

***“Art is a wonderful way in which to explore your Mediumistic & Psychic abilities, and you do not need to be a trained artist, in which to begin that journey of discovering the spirit artist within” Coral Ryder CSNU Art***

This workshop is designed to introduce you to the remarkable world of Spirit Portraiture, exploring the fundamentals of evidential spirit art, enabling you with the tools in which to further explore your own potential and mediumistic abilities through art.

We will cover proportions of the face and drawing techniques, then combine this knowledge with your mediumship to demonstrate spirits survival through the visual evidence of spirit portraits and the communications they wish to portray.

**Simone Ruegsegger (CH)**

**Workshop: Your Strengths Are Your Tools – a workshop on Mediumship**

Students of mediumship may wonder. “How does my perception work?”, “What senses am I using?” or “How can I structure my awareness?” With a few simple tips and tricks Simone will share with you ways in which you may enlarge your toolbox.

In addition, she will help you to consolidate your knowledge by applying it in an exercise. She will also try to help with you with questions regarding your personal awareness challenges.

**Harriet Piekkola (FI)**

**Workshop: Native American Healing Ritual Medicine Story**

Manitongaut is a tribal elder and keeper of the lore of the Wampanaog Nation of Massachusetts. In this workshop, Harriet will lead you in fostering healing circles of togetherness and encourage everyone to tell a story, any story, about their own life. You can tell about something that has been bothering you for a long time or something that has made you very happy and how it has changed your life. It can be a story about a difficult problem and how it was solved. Such stories help to teach others. Telling the story takes place as a group effort. The story may be a theme or express love, courage and compassion.

**Chris Connelly (UK)**

**Workshop: Science and Mediumship**

Building upon previous years’ classes, the workshop will touch upon all aspects of mediumistic unfoldment from an experimental perspective, adopting techniques and methods suggested by scientific literature to provide further insight into one’s mediumship. The emphasis for this year is to explore our current understanding of the mechanics of mediumship (referred to as the Spiritualist Model) and determine if this model provides a suitable explanation fit for the 21<sup>st</sup> century.

**Kristbjorg Einarsdottir (IS)**

**Workshop: Introduction to DNA Theta Healing – Go Up and Work with God**

To begin with I will share the story of how I came to know about this kind of healing technique, how I learned to use it to help myself and others. The participants of the workshop will learn about the author Vianna Stibal and how she has worked up to this day still travelling around the world teaching and giving healing.

This healing method is normally worked one on one. The practitioner tests the client with body-test and questions and they do find the reason together what the client's issue may be and work from there.

Everything is done with help from the divine source, the Creator of All that is.

Part of the workshop will include my working with them and introducing to them simple ways of helping themselves by using body-tests and questions for each and every one without revealing anything personal. We will work with the group but everyone for him or herself.

I will share about the Programs we all have in this life and how to change them for better. They are Core Belief Level, Genetic Level, History Level and Soul Level.

If we have time I will talk about vitamins and minerals. Although my work has developed into focusing mainly on feelings and how our mind operates and affects our body.

**Ann Harrison (UK)**

**Workshop: Billy Hope – Psychic Photographer Extraordinaire**

The work of Billy Hope will be explored and discussed.

**Lou Ann Beecher (USA) and Rosemary Calderalo (USA)**

**Workshop: How to form and sustain trance development circles**

For those interested in developing for trance and physical mediumship, what are the key elements in forming a circle to practice and deepen connections? Presenters will share experiences from their own circle, now in its seventh year since a focus on trance began.