



INTERNATIONAL  
SPIRITUALIST  
FEDERATION

## Cober Hill, UK 7<sup>th</sup> – 14<sup>th</sup> August 2021

Class Tutors to Date Include: Jackie Wright, Hazel Martin, Hampi van de Velde, Anita Garrod, Coral Ryder, Steve Vogel, Ulla Alvarsdotter, Sue Hodson, Robin Hodson and Richard Schoeller with Special Presentations by Stewart Alexander.

### Classes and Workshops (SEE PAGE 2)

TIME	Saturday August 7th	Sunday August 8th	Monday August 9th	Tuesday August 10th	Wednesday August 11th	Thursday August 12th	Friday August 13th	Saturday August 14th	
7:15 am		T'ai Chi or Yoga	T'ai Chi or Yoga	T'ai Chi or Yoga	T'ai Chi or Yoga	T'ai Chi or Yoga	T'ai Chi or Yoga		
7:30 am		Walking Meditation	Walking Meditation	Walking Meditation	Walking Meditation	Walking Meditation	Walking Meditation		
7:30 am		Guided Meditation	Guided Meditation	Guided Meditation	Guided Meditation	Guided Meditation	Guided Meditation		
8:00 am		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
8:45 am		Healing until 9:15am	Healing until 9:15am	Healing until 9:15am	Healing until 9:15am	Healing until 9:15am	Healing until 9:15am	<b>Goodbyes until next time!</b>	
9:30 am		Morning Classes	Morning Classes	Morning Classes	<b>5 Workshops Hampi van de Velde Stewart Alexander Hazel Martin Nancy Ryall Rosemary Calderalo</b>	Morning Classes	Morning Classes	<b>Check-out by 9:30am</b>	
11:00 am		Tea/Coffee Break	Tea/Coffee Break	Tea/Coffee Break		Tea/Coffee Break	Tea/Coffee Break		
11:30 am		Morning Classes continue	Morning Classes continue	Morning Classes continue	Tea/Coffee Break	Morning Classes continue	Morning Classes continue		
1:00 pm		Lunch	Lunch	Lunch	<b>Lunch/Optional Trip to York</b> Packed lunch; Coach Departs - 11:45am Coach Returns - 6:00 pm.	Lunch	Lunch		
2:00 pm	<b>Check-in begins</b>								
2:30 pm	<b>Registration</b>	Afternoon Classes	Afternoon Classes	Afternoon Classes			Afternoon Classes	Afternoon Classes	
4:00 pm	Tea/Coffee Break	Tea/Coffee Break	Tea/Coffee Break	Tea/Coffee Break			Tea/Coffee Break	Tea/Coffee Break	
4:30 pm	<b>Opening Ceremony &amp; Introduction of Tutors</b>	Afternoon Classes continue	Afternoon Classes continue	Afternoon Classes continue	<b>Open Circle</b>	Afternoon Classes continue	Afternoon Classes continue		
6:00 pm	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner (ends early)		
7:30 pm	<b>Welcome Reception</b>	<b>Spiritualist Service Robin Hodson and Richard Schoeller</b>	<b>Demonstration Hazel Martin Lou Ann Beecher</b>	<b>2 Demonstrations Trance and Spirit Art Demonstrations Robin Hodson Coral Ryder</b>	<b>5 Workshops Stewart Alexander Jackie Wright Steve Vogel Robin Hodson</b>  <b>Open Circle</b>	<b>Demonstration Jackie Wright</b>	<b>7:15 pm Healing Service, immediately followed by the Closing Ceremony, then Celebration/ Dance with DJ and Cash Bar</b>		

Please note: Owing to circumstances beyond our control, the programme may have to be revised at short notice.

Thank you! Any questions email to [gensec.isfederation@gmail.com](mailto:gensec.isfederation@gmail.com)

Tutoring Groups	Mediumship Advanced	Mediumship less Adv	Shamanic Journeying	Trance to Physical	Trance Advanced	Trance Less Advanced	Spiritual Healing	Spirit Art (Portraiture)	Spirit Art (Painting)	Trance Healing
<b>MORNING</b>										
	Jackie Wright	Hazel Martin		Richard Schoeller		TBA		Coral Ryder		Hampi van de Velde
<b>AFTERNOON</b>										
	Jackie Wright		Steve Vogel		Robin Hodson	Anita Garrod	Sue Hodson		Ulla Alvarsdotter	
<b>WORKSHOP INFORMATION</b>										
<b>Wednesday, 9:30am - 11:00am</b>										
Hampi van de Velde	Inspired Writing	Automatic and inspired writing is a method to transport wisdom and messages from the spiritual world in word and writing into our material world. Like Trance Speaking, writing has a long tradition in the history of mediumship, prophecy and knowledge transfer. Beginning with the prophet Mohamed, to whom the archangel Gabriel is said to have dictated the Koran, or the works of the church saint Hildegard von Bingen, from which the "Hildegard - Medicine" was developed. Inspired and automatic writing are both something you can learn. Why not write a text, a poem or a book, in cooperation with your friends in the spiritual world?								
Hazel Martin	The Magic of Mantra	The Sanskrit word mantra is a combination of two words; man – mind, or to think; and tra – vehicle, tool or instrument. The word mantra actually means a vehicle or tool to transport the mind. Repetition of mantra is an incredibly effective way to transport the mind to a state of deep, blissful meditation. The Sanskrit language is the oldest recorded language. It is a language of vibration. It is sacred, highly mathematical, and every syllable vibrates in a what that is healing for your energetic and mental body. Chanting Sanskrit mantra will change your vibration so that you vibrate in harmony with the Universe. And when you're in harmony with the Universe, that's when magic happens; you can connect with your higher self and the Universe each and every day.								
Stewart Alexander	Some Magical Memories	Throughout my 50+ years Spiritual Journey I have had a great many experiences both within and outside of the Physical Séance room. Many of those I have spoken about both in the UK and beyond. However, today I shall largely be speaking about events and experiences that I have rarely mentioned in the past and I shall take you upon a journey which will, I hope, confirm that death is merely a gateway into a larger life.								
Nancy Ryall	The Seventh Principle	Are you in control of your destiny? Can you influence and impact it positively? This workshop will help you learn how to do exactly that! The focus is to combine Natural Law, Energy work, and the synergy of a small group to successfully manifest your desires into the physical. Begin to understand the powerful mind you possess and learn the steps to control, visualize, and manifest. Become the creator that you are meant to be, learn how to help others achieve the same thing by working together and combining your powerful energy.								
Rosemary Caldero	Energies of Intuition and Mediumship	In this workshop, participants will focus on understanding the differences in energies, from intuition to awareness of trance states. Activities and exercises will offer ways to deepen your understanding of energy and the difference between psychic connection, dialogue with Spirit, and letting Spirits speak for themselves. Whether you are just starting your spiritual exploration or are seeking additional training, this workshop offers an opportunity for growth and learning.								
<b>Wednesday, 2:30pm - 4:00pm</b>										
Committee Member	An Open Circle	The foundation of Spiritualism was the home circle. In the early days, men and women would sit together to develop their mediumship and deepen their connection to the spiritual realm. The chair will take you through a meditation and then open the circle, allowing the attendees the opportunity to share mediumistic messages with fellow circle members under the direction of the chair. <b>REPEATS at 7:30PM</b>								
<b>Wednesday, 7:30pm – 9:00pm</b>										
Stewart Alexander	Margery, the Boston Medium	In the 1920's and 30's, despite controversy often surrounding her, she was widely regarded to be 'The Jewel in the Crown of Spiritualism' and also as the 'Eighth Wonder of the World'. Sadly, since her passing, the corruption of fact together with the blending of fiction and pure speculation by the cynics, has led to the wide-spread belief that she was the 'Greatest Psychic Fraud in History'. Today, I shall reveal her true story.								
Jackie Wright	How a Clairaudient Hears	This workshop is aimed to dispel the myths around clairaudience (and other mediumistic senses) we will use our scientific mind to look at the true nature of clairaudience, and how this function through the medium. This will be a workshop of both theory and student participation.								
Robin Hodson	Precipitated Art Lecture	A rare and unique form of mediumship, precipitated art; produced without brushes, painting implements, even without the mediums touching the canvas. In this illustrated lecture, we look at the background and work of the Bangs Sisters and the Campbell Brothers amazing mediumship, at art produced entirely by Spirit.								
Steve Vogel	Spoon Bending	Telekinesis or Psychokinesis is the phenomenon of using the mind's energy to move objects or to change their shape. The theory behind psychokinesis is that the concentration of energy from your mind can alter the energy structure of the object you are focused on. As you release the mind's stream of energy, the object reforms itself according to the energy pattern you direct. We will work with psychometry (mind reading objects) and psychokinesis along with your magnetic healing energy and playful attitude to bend or twist metal spoons and forks, and thereby learn the power of your mind and the influence of your thoughts.								